

Jeff Chang, Ph.D., R.Psych.

Consulting Psychologist

assessment • psychotherapy • supervision • consultation • training

Suite 100, 2107 Sirocco Drive SW • Calgary, AB T3H 5P • voice: (403) 282-8288 • fax: (403) 228-9452

Supervision Contract: Provisional Registered Psychologists

Supervisee:

Employer:

Preamble:

Clinical supervision is:

“Sustained, purposeful interaction between a more proficient or senior practitioner and a less proficient or junior practitioner, undertaken to enhance client welfare, support the clinical and professional development of the supervisee, and directly and indirectly improve clinical effectiveness.”

The supervisor and the supervisee agree that client welfare is of paramount importance in clinical supervision. Supervision will also address the management of clinical cases and the development of the supervisee as a psychologist and clinician.

Clinical supervision may be personally challenging, inviting the supervisee to consider his/her personal biases, behavior, and relationships. However, because it is primarily concerned with the supervisee's development and performance, and with client service, clinical supervision focuses on personal issues only as they may relate to the supervisee's professional performance. The supervisor and the supervisee acknowledge that personal issues that extend beyond professional performance are best dealt with in therapy.

Supervision Goals:

Generic goals required of all participants:

1. Develop skills of ethical decision-making as per the Canadian Code of Ethics for Psychologists, Standards of Practice for Alberta Psychologists, and relevant best practice guidelines.
2. Develop an identity as a professional psychologist.
3. Develop skills for reflective practice and maintaining continuing competence.

Branch-specific goals:

4. (Related to the area of psychology (i.e., clinical/counselling, educational /school, rehabilitation, etc.) as per College of Alberta Psychologists).
5. (Add as many as required).

Agency/employment specific goals:

6. (Related to the employment setting)
7. (Add as many as required.)

Confidentiality

Material presented by the supervisee is confidential, with the following exceptions:

- Risk to self
- Risk of grave bodily harm to self or others
- Impairment. Pursuant to paragraphs 5.4, 5.5, and 5.6 of the College of Alberta Psychologists' Standards of Practice, if the supervisor ascertains that the supervisee is impaired, and the supervisee does not respond appropriately to the supervisor's intervention (including the dispute resolution provisions of this contract), the supervisor is permitted to disclose information about the supervisee's impairment to the supervisee's employer and regulatory bodies.

Dates of Primary Supervision (1600 hours):

Services:

1. Individual supervision (alternate weeks for 1.5 hours).
 - a. Included in this are 2 live supervision sessions at the supervisee's workplace.
2. Group supervision (once in a 6 week cycle), including preparation for the oral exam.
3. Quick-response telephone or Skype/Zoom supervision in crisis or emergent situations after the supervisee's employer provides emergency direction.
4. Shared use of EPPP materials.
5. Preferred access to professional development events delivered or accessible to the supervisor.
6. Liaison with your employer.
7. Supervision as and when required following completion of 1600 hours (Form B).

Emergency Supervision

Because the supervisee is an employee of _____, the supervisee must adhere to the policies of _____ while dealing emergent issues such as risk of grave self-harm or harm to others, reporting to child protection services or agencies concerned with the protection of vulnerable persons. The supervisor will provide quick-response supervision by phone or other electronic means after the supervisee has developed an initial immediate action

plan with his/her employer, to optimize ethical conduct and minimize risk.

Formats for Supervision

Supervision will be provided in the following formats, as mutually agreed upon:

- Case consultation
- Live (if approved by your employer)
- Video/audio supervision
- Remote (phone, Skype, or Face Time)
- Review of assessment reports

Evaluation

Evaluations will take place:

_____ (midterm) _____(final):

While the supervisor and supervisee are required to use the forms required by the College of Alberta Psychologists, they also agree that the goal of the supervision process is for the supervisee to meet to entry to practice Competencies for Counselling Therapists (<https://www.fact-alberta.org/>)

The supervisee shall manage the submission of evaluations and progress reports to the College of Alberta Psychologists, including, but not limited to:

- Mid-term evaluation
- Final evaluation
- Changes in supervision plan
- “Form B”

Payment

Ethics and Standards

Both supervisor and supervisee must comply with the Canadian Code of Ethics for Psychologists and the Standards of Practice for Alberta Psychologists.

Dispute Resolution

In the event of a dispute between the supervisor and the supervisee, they shall jointly seek input from a Supervision Consultant of the College of Alberta Psychologists.

Continuing Competence Program

Notwithstanding that it is currently voluntary, the supervisee and the supervisor will participate in the College of Alberta Psychologists' Continuing Competence Program.

Jeff Chang, Ph.D., R.Psych.
Supervising Psychologist.

Date

Provisional Registered Psychologist

Date